



**Become a
Biblical Counselor**

INTRODUCTION

Discipleship is as simple as one person helping another to become more like Jesus. But it is as complex as the problems people face in life! Often, Christians will get stuck. They will stop growing and not know how to get back to where they need to be. What they need at this time is person who is full of love, knowledgeable in God's word, and willing to come alongside them and love them to spiritual health. YOU can be that person. And we are excited to help you!

OVERVIEW

PHASES

There are three phases for training and endorsement as a Biblical Counselor at Redemption.

Phase 1 - Foundations

Here, we set a doctrinal and practical foundation for counseling. What is biblical counseling. How is it different than secular counseling? Where do I begin? What are some tools I will need?

We have built in meetings with your coach to be sure you understand the material and how it applies to biblical counseling.

We will also strongly encourage you to observe others doing counseling to see what it looks like "in real life." Work with your coach to find the best time and opportunities for this to happen.

Phase 2 - Formation

Here, we seek to build upon the foundation with more advanced training and discussions about issues you may face. You will move from observing to being observed as YOU counsel. This will be a precious time for you to be used in the lives of others!

Phase 3 - Endorsement.

To be able to counsel on your own, you will need elder endorsement. Phase three walks you through the process and will include a doctrine exam, and practical exam, and an elder interview. Once you've successfully completed this phase, you will be able to help untie knots and help stuck people begin to grow again!

CHECKLIST

To make the process easier, we have a checklist that will guide you through everything you will need to accomplish! If your coach has not yet given this checklist to you, let us know!

BOOKS

There will be a number of books you will need to purchase and read to prepare. All these are listed on the counselor webpage on the church website. But here is the complete list.

TITLE	AUTHOR	COST
Bible Doctrine	Grudem	\$ 28
How People Change	Tripp and Lane	\$ 15
Christ-Centered Biblical Counseling	MacDoanld	\$ 22
Scripture and Cousenling	Kellemen	\$ 24
Instruments in the Redeemer's Hands	Tripp	\$ 12
When People are Big and God is Small	Welch	\$ 11
Addictions: A Banquet in the Grave	Welch	\$ 13
The Meaning of Marriage	Keller	\$ 12
The Heart of Anger	Priolo	\$ 16
What Did You Expect?	Tripp	\$ 14
BSC Article Bundle	Various Authors	\$ 17
The Cross Centered Life	Mahaney	\$ 10
From Pride to Humility	Scott	\$ 5

*** If the cost of purchasing these books will hinder you from completing the Biblical Counseling training, most of these titles can be found at the public library for check out. We also have some copies available at the office. Please email jill.haskins@redemptionfw.org to see if we have copies available to borrow.

COACHING

As mentioned already, you will have a coach to guide you through the process. This coach will encourage you, correct you, and share with you the experiences God has given them! If conflicts should arise with your coach, apply biblical principles to correct them. But we are here if you need us to help!